

# COACH BIOS



## **BECKY DALE**, Leadership & Transformation Coach

Becky Dale is a certified leadership and transformation coach, with a focus on Emotional Intelligence as a tool for creating greater effectiveness and ease. As a coach, Becky listens for what her clients already know about what will happen for them and their organizations and communities, and works with them to trust that knowledge, practice it, and become it. She is passionate about sharing coaching tools with any individuals and communities who want them and is particularly interested in the emerging idea of community coaching.

Becky integrates coaching into her work in social services with more than 20 years of experience in non-profit leadership, management and program development. Throughout her career she has been committed to co-creation and shared leadership with service participants. She is also a composer who works extensively in theater including founding and producing the West Side Theater Project, a community-engaged effort where professional theater artists partnered with community members to tell community stories through theater and music. In her career she has worked for Minnesota Communities Caring for Children/Prevent Child Abuse Minnesota (Current, since 2001), the West Side Family Center, and Casa de Esperanza, all in St. Paul, MN.

Becky is particularly interested in efforts that promote individual, family and community wellness, believing that all of our well-being is interconnected.

## **JEAN G. JOHNSON**, MBA, PCC

Jean is a leadership and professional development coach with particular expertise in utilizing concepts of emotional intelligence, mindfulness, and somatic practices, with the goal of helping others deepen their leadership presence and to leverage their personal strengths in service of their professional goals. Based on Doug Silsbee's Presence-Based Coaching model, she integrates somatics and mindfulness to deepen the client's coaching experience for sustainable, transformative results.

Jean frequently support leaders who are transitioning to new or larger roles and are actively working to leverage their career change to develop a new way of being in their work. She works with clients to focus on unearthing individual circumstances to discover the most effective way for clients to achieve their goals.

In almost ten years of professional coaching, she has worked with clients from every level and type organization including universities, consulting organizations, large healthcare, retail, government and nonprofits. Prior to launching her coaching business in 2008, Jean's career included supporting personal leadership growth in others through small business consulting and program development, as well as management roles in state and local government.

She is currently on the faculty of the University of St. Thomas Executive Coaching program, mentoring students from the Georgetown Leadership Coaching program, and facilitating peer learning circles for nonprofit leaders.



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**BETSY MCDERMOTT ALTHEIMER**, Founder, Table Fort Coaching & Consulting

Betsy is a coach, consultant, writer, visual artist, collaborator and strategic advisor. She fires up transformational change in individuals and nurtures vital, responsive, healthy organizations, networks and communities. She completed a certificate in Executive Coaching at the University of Saint Thomas in 2018. She holds a B.A. in art from the University of Wisconsin Eau Claire and studied nonprofit management at Virginia Commonwealth University. Her work combines organizational design, leadership coaching and communications strategies to build consensus and momentum. She has raised over \$25M for art, design, health and education organizations.

**JANET OGDEN-BRACKETT**, Vice President & Chief Program Officer, Propel Nonprofits

Janet oversees Propel Nonprofits' programs. She also delivers training workshops and provides technical assistance on financial management topics to nonprofits throughout Minnesota. She's collaborated on 10 cohorts for nonprofits exploring the launch of a social enterprise. Janet loves the idea of nonprofits having autonomy with their money and think that social enterprise is a good option on how that can be achieved.

Prior to joining Propel Nonprofits, she was Director of Operations and Financial Manager at Minnesota Environmental Initiative. Janet has a B.A. in Business Management from the University of St. Thomas. A graduate of the Minnesota Council of Nonprofits Leadership Institute, she serves on the board of directors for Family Tree Clinic, Danish American Center (Minnesota), and Twin Cities Film Festival.



**KALLIE ROLLENHAGEN**, Marketing Manager, Propel Nonprofits

Kallie has spent the last decade wearing a variety of hats at nonprofits. Before joining the team at Propel, she worked at a range of community and economic development-focused nonprofits in rural Minnesota, Chicago, and Baltimore. Kallie has benefited from peer coaching through the Opportunity Finance Network's Citi Leadership Program for Emerging Leaders and in Blandin Foundation's Community Leadership Program and is excited to build more experience as a coach through Propel's Leaders Circles. She has a B.A. from the University of Wisconsin-Milwaukee where she studied architecture and psychology.



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**DEBBIE OKERLUND**, Executive Coach, Trainer, And Founder of Lead with Agility LLC

Debbie coaches leaders, designs and facilitates peer-coaching groups and conducts trainings on coaching skills, transformational communication and team facilitation. She has partnered with nonprofit executives, managers and educators from over 180 organizations and higher education institutions since 2004 to navigate and grow their leadership.

Debbie has 25-years' experience as a leader and manager including 14 years as an executive director in a nonprofit organization. She is a certified practitioner of the Myers-Briggs Type Indicator®, has Authenticity Consulting certification in peer-coaching group facilitation and is licensed to train in Coaching Skills for Managers and Leaders by author and coach, Judith

Wilson.

Debbie completed Advanced Coaching Training with the Thomas Leonard Graduate School of Coaching and Coaches Training Institute, has a B.A. from the University of Wisconsin, and is currently enrolled in Conversational Intelligence for Coaches Certification Program by author and neuroscientist, Judith Glaser, Ph.D.

Personal - Debbie serves as board vice chair of an organization in south Minneapolis that mentors and serves high risk youth and families. She lives in Minneapolis with her husband and enjoys hiking, biking, kayaking, camping, playing guitar, and hanging out with her 4 young adult children.

## **JOY PERSALL**, MBA, PCC

Joy's expertise lies as a leadership coach, facilitator and organizational transition and support consultant. With individual and team leadership focus, her facilitation provides support for organizational strategic alignment, transition support and leadership development.

Joy coaches leaders and teams, and has over 20 years of experience working as an executive director and organization development leader of Native Americans in Philanthropy, and Associate Director of The Headwaters Foundation for Justice. Awarded a 2010 Bush Foundation Leadership Fellowship, she focused on coaching and indigenous leadership.

Joy serves on the boards of The Circle, Native American News and Cardozo Foundation. With experience in tribal and rural communities, small business, social justice and faith based organizing, Joy has a deep and broad set of skills and experiences.

As a grandmother of First Nations Ojibwe "Metis" descent, Joy has committed her career and life toward equity and caring for our Mother Earth. She holds an M.A. in Organization Management and Development and CEBC Coaching Certification from Fielding Graduate University, and B.A. in Multi-Cultural Nonprofit Management. She also holds professional certification as a World Institute for Action Learning Senior Coach, Triple Impact Practitioners Program and is certified in Leadership Circle Profile and Organizational Change Assessment.

